PATIENT BLOOD MANAGEMENT

Original article

Patient Blood Management in pediatric and adolescent bone marrow donors: results from an Italian survey

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<u>Material and methods</u> - To assess the actual use of PAD in pediatric (up to 14 years) and adolescent (aged 15-18 years) family donors in relation to BM HSC donation in the five years 2017-2021, a specific online questionnaire was administered to blood establishments and clinical units of pediatric transplantation programs responsible for BM HSC collection.

Results - Adherence to the project was 100% (18/18 centers). During the five-year period considered, 273 BM HSC donors (205 pediatric and 68 adolescent) were registered. Forty percent of the non-trait carrier donors who underwent PAD received iron therapy in preparation for BM HSC donation; only 4.8% of the pediatric and none of the adolescents had hemoglobin values below the age limit at donation. Finally, 66.4% of pediatric donors and 15.4% of non-trait carrier adolescent donors who did not undergo PAD received homologous transfusions during BM harvest.

<u>Discussion</u> - The present study highlights the highly heterogeneous criteria for the use of PAD (including calculating of the volume of whole blood collected) and the lack of a specific policy in preparation for BM HSC donation, either from non-trait carrier donors or those with sickle cell or thalassemia trait, both pediatric and adolescent.

Keywords: bone marrow, stem cell donors, transplantation, preoperative autologous blood donation, blood transfusion.

Arrived: 1 July 2024 Revision accepted: 27 October 2024 **Correspondence:** Francesca Masiello e-mail: francesca.masiello@iss.it

INTRODUCTION

Despite the scarcity of blood resource worldwide and the development of Patient Blood Management (PBM) programs in adult setting, currently there are no specific guidelines for

optimal management of pediatric patients. In particular, concerning red blood cells (RBC), the transfusion policy in many cases is based solely on the hemoglobin (Hb) value, rather than the patient's overall clinical condition. It follows that several inappropriate transfusions are registered¹⁻⁴.

In the last years, there has been an increase in randomized controlled trials (RCTs) aimed at understanding best practice on RBC policy in pediatric setting⁵⁻⁸. As a result, even the 2023 AABB guidelines recommend a restrictive transfusion attitude in both adults and children⁹.

Pre-operative autologous blood donation (PAD) of 1-2 units in anticipation of bone marrow (BM) harvest for homologous transplantation is a common practice. It was introduced during the 1980s to avoid the risk of homologous transfusions in BM donors and to promote post-harvest recovery¹⁰.

PAD practice in anticipation of BM HSC collection in adult donors is controversial and mostly unnecessary. Several papers published to date have questioned its necessity, the threat of perioperative anemia, the potential risks related to autologous blood transfusion (in particular, clerical errors and bacterial contamination) and over-transfusion and, last but not least, the waste of autologous blood ¹¹⁻¹⁴. In addition, PAD involves organizational resources, burden on hospitals and costs ¹⁵⁻¹⁶.

Despite these premises, the adoption of PBM policy in BM donor setting, primarily by preventing anemia with iron administration, is not routinely practiced. A non-negligible reason may be related to the fact that many national registries still recommend PAD in anticipation of BM HSC donation in adults, even though the WMDA standards, edited in 2020, no longer mention it¹⁷⁻¹⁸.

The results on a recent survey by our group in the adult donor setting highlighted the heterogeneous adoption of PAD and iron supplementation among centers. We highlighted the need for guidelines in this area, for the management of BM HSC donors and donations at best¹⁹. Subsequently, we also investigated BM donor management in pediatric and adolescent settings in Italy, since to our knowledge, neither national nor international guidelines are available on the subject.

BM HSC donation is considered safe with few side effects: mainly anemia, post-operative pain and anesthesia-related consequences. BM HSC are the most used graft in pediatric setting, both in malignant and non-malignant diseases. In particular, for patients affected with hemoglobinopathies BM HSC from HLA-matched sibling carriers of the trait are frequently used since sibling donors are the gold standard, according to the superior post-transplant outcomes²⁰.

Pediatric and adolescent settings show peculiar differences from the adult setting based on the assumption that a child is not a small adult. In addition, HSC donations are allowed only for related recipients²¹. Furthermore, the donor's age, a weight disparity with the recipient, concomitant genetic disorders (i.e. sickle cell or thalassemia traits) and the donor's psychological profile, require a multidisciplinary approach (pediatrics, anesthesiologists and transfusion medicine specialists) to avoid any possible risk related to the donation.

The present study presents the results of a national survey carried out by the Italian National Blood Center in collaboration with the Italian Association for Pediatric Hematology and Oncology (AIEOP). The aim was to outline the current utilization of PAD in pediatric bone marrow collection centers (PBMCC) in the PBM age.

MATERIALS AND METHODS

In order to assess the actual use of PAD in pediatric (1 up to 14 years) and adolescent (aged 15-18 years) related BM donors over the five-year period 2017-2021, a specific online questionnaire was sent to blood establishments and clinical units of PBMCG.

The survey was conducted in September 2022, with the support of AIEOP. The main questions concerned the number of donors, whether they were sickle cell or thalassemia traits carriers, the criteria adopted for PAD, the support with iron therapy in preparation for HSC donation and whether the pre-deposited units were transfused in the operating theatre as well as the incidence of anemia. Finally, we asked the centers about the possible usefulness of a PBM approach for the management of this type of donors.

The entire survey is provided in the *Online Supplementary Content* (**Table SI**).

RESULTS

All 18 PBMCC that had received the survey distributed throughout the country, responded: 11 for Northern Italy, 3 for Central Italy, 2 for the South and 1 for both Islands.

Donors

From 2017 to 2021, 273 HSC BM donors were reported: 205 of these were pediatric and 68 were adolescents. Five large centers reported more than 20 donors (21-102 donors). There were no differences between large and small centers: only one large center had a specific policy for healthy and trait donors.

Non-trait carrier HSC BM donors accounted for 84.4% (173 out of 205) of pediatric donors and 80.9% (55 out of 68) of adolescent's donors.

Sickle cell (SC-trait) and thalassemia-trait (Thal-trait) BM HSC donors were equally represented in the pediatric population: 7.8% each (16 out of 205). SC-trait donors accounted for 10.3% (7 out of 68) and Thal-trait donors for 18.8% (6 out of 68) of adolescent donors, respectively.

Preoperative autologous blood donation (PAD) practice

With regard to the criteria adopted for PAD practice in non-trait carrier donors, all centers reported that they considered the donor's age and weight, but the reference values among centers were highly variable for both.

The average age for performing PAD was 9.7 years (standard deviation, SD=3.5) and the average weight was 36.7 kilograms (SD=9.6). There was variability in initial donor hemoglobin (Hb) values: 6 out of 18 centers (33.3% of cases) did not consider it. Among the other centers, the majority (5 out of 18, 27.8%) considered 12.5 g/dL as the minimum acceptable value for donor eligibility for PAD. Finally, 5 out of 18 centers (27.8%) considered weight

difference between donor and recipient as a criterion for practicing PAD. Only one center reported having a specific policy for pediatric and adolescent donors with SC-trait and Thal-trait; this center is one of the five largest in the country. No donors with SC-trait underwent PAD.

During the reporting period, 21 out of 173 pediatric (12.1%) and 29 out of 55 adolescent non-trait carrier donors (52.7%) underwent PAD. As a result, the majority (87.9%) of non-trait carrier pediatric donors did not undergo PAD; on the contrary, only 47.3% of non-trait carrier adolescent donors did not undergo PAD.

All centers reported that no adverse events ever occurred during PAD in pediatric and adolescent BM HSC donors (both non-trait carrier and Thal-trait carriers).

Figure 1 summarizes donors and PAD practice over the period 2017-2021.

Hemoglobin value in BM HSC donation (PAD non-trait carrier donors)

Only 4.8% (1 out of 21) of pediatric and none (0 out of 55) of adolescent non-trait carrier donors who underwent PAD had Hb values below the age limit before BM HSC donation (within 24 hours).

In addition, 9.5% (2 out of 21) of pediatric and 5.5% (3 out of 55) of adolescent donors had Hb values below the age limit after BM HSC donation (within 24 hours).

Out of 18 centers, 3 (16.7%) report that they always observe hemoglobin values below normal limits for age in non-trait carrier donors undergoing PAD immediately after BM HSC donation.

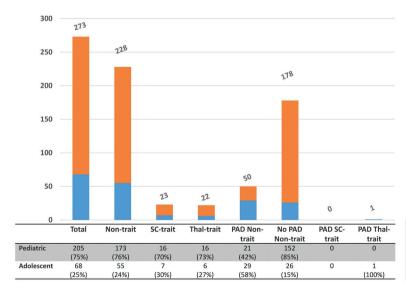


Figure 1 - Numbers of donors and PAD practice over the period 2017-2021

PAD: preoperative autologous blood donation; SC-trait: sickle cell trait; Thal-trait: thalassemic-trait.

Iron therapy to support BM HSC donation (without PAD)

47.8% of non-trait carrier pediatric and 36.6% of adolescent donors who did not undergo PAD, supported BM HSC donation with iron therapy (data taken from the 5-year average, Figure 2).

13.3% of SC-trait pediatric and 12.2% of adolescent donors who did not undergo PAD were administered iron therapy before BM HSC donation. The same trend was observed for Thal-trait donors: 13.3 % of pediatric and 11.1% of adolescent donors with Thal-trait who did not undergo PAD received iron support before BM HSC donation.

Instead, 77.8% of non-trait carrier pediatric and 50.9% of adolescent donors who did not undergo PAD, received iron supplementation after BM HSC donation (data obtained from the 5-year average, **Figure 3**).

28.9% of SC-trait pediatric and 24.4% of adolescent donors who did not undergo PAD received iron supplementation after BM HSC donation. We observed the same trend for Thal-trait donors: 28.9% of pediatric and 28.9% of adolescent

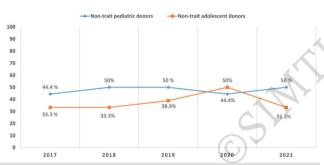


Figure 2 - Iron therapy to support HSC BM donation (without PAD) in pediatric and adolescent non-trait carrier donors, among the 5-years period

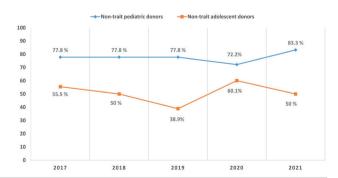


Figure 3 - Iron supplementation after HSC BM donation (without PAD) in pediatric and adolescent non-trait carrier donors, among the 5-years period

donors with Thal-trait who did not undergo PAD received iron supplementation after BM HSC donation.

PAD units required and transfused

Figure 4 shows the data about operating room requests for PAD units from non-trait carrier pediatric and adolescent donors and the number of PAD units transfused in the operating room (data obtained from the 5-year average). Three out of 6 large centers (50%) always transfuse PAD units. All centers reported that no side effects had occurred during the transfusion of PAD units in pediatric and adolescent donors (either non-trait carrier or Thal-trait carriers).

Homologous RBC transfusions

We asked about the recurrence of homologous RBC transfusions in HSC BM donors who did not undergo PAD. Ten out of 18 centers (55.6%) stated that a transfusion policy was in place for pediatric donors; whereas, only 5/18 centers (27.8%) had a transfusion policy for adolescent donors. In 8/18 centers (44.5%) a well-defined policy on the subject was absent.

66.4% of non-trait carrier pediatric and 15.4% of adolescent donors, who did not undergo PAD, received homologous transfusions during BM harvest (data taken from the 5-year average).

Among the trait carrier donors, 37.5% and 28.6% of SC-trait pediatric and adolescent donors received homologous transfusions during BM harvest, respectively. On the other hand, 93.7% of pediatric and 66.7% of adolescent donors with Thal-trait who did not undergo PAD received homologous transfusions during BM harvest (data obtained from the 5-year average).

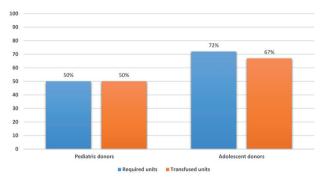


Figure 4 - Percentage of PAD units required and transfused for each donor population

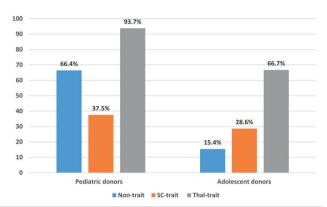
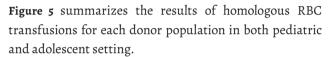


Figure 5 - Homologous RBC transfusions in HSC BM donors who did not undergo PAD, for each donor population



For non-trait carrier pediatric donors, the decision to administer homologous transfusions to BM HSC donors was mainly influenced by the volume collected (61.1% of respondents). For non-trait carrier adolescent donors, the decision was guided by both the volume collected and the hemoglobin values (33.3% respectively). The responses received regarding trait carrier donors were extremely heterogeneous across the centers.

PBM strategy to manage pediatric and adolescent BM HSC donors

Finally, centers were asked whether a PBM approach could be useful in managing pediatric and adolescent BM HSC donors. The highest percentage of positive responses was for the non-trait carrier adolescent donor category. **Figure 6** explains the responses on the appropriateness of a PBM approach among the centers.

DISCUSSION

The heterogeneous nature of the responses obtained from the present national survey, aimed at investigating the PAD policy in anticipation of BM HSC harvest over 5 years in pediatric and adolescent donors, shows that this practice lacks a standardised approach. We believe these findings are reliable as all 18 Italian PBMCC surveyed responded to the questionnaire (5 of which were large centers) and a significant number of donors (273) was reported.

Although most were pediatric donors, only a minority underwent PAD. In contrast, more than half of the

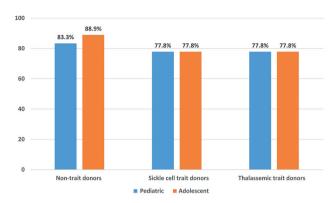


Figure 6 - PBM strategy to manage pediatric and adolescent HSC BM donors

non-trait carrier adolescent donors underwent PAD, with no difference between years. Some studies report that in major surgery, PAD should only be reserved for patients weighing at least 20 kg, where blood loss is expected to exceed 20% of patient's total blood volume with the aim of avoiding homologous transfusion²²⁻²³.

The results of the present study showed that donor age and weight (and not the weight disparity between donor and recipient) guided the decision of most centers to PAD in non-trait carrier donors (both pediatric and adolescent) with different reference values. Moreover, most centers considered 12.5 g/dL the minimum acceptable level to perform PAD.

In our opinion, these results are a cause for reflection because they emphasise that BM harvesting is not considered as other surgical procedures, and therefore subject to recommendations for pediatric PBM, and reflecting an attitude similar to the adult setting^{19,24}. The higher use of PAD in non-trait carrier adolescents is not justified and underlines that this outdated practice is frequently utilized even if its use is not supported by evidence. This is probably due to the lack of guidelines on the subject and the absence of a PBM policy in this area, not only in non-trait carriers but also in Thal-trait donors. Our data show that most PADs were requested in the operating room to support hypovolemia during harvest even though it is well known that both PAD procedure and autologous reinfusion are known to expose the donor to unwanted risks25,26.

However, as no side effects have been reported during PAD reinfusion, the latter is probably perceived as a

risk-free procedure in BM donors and could sustain PAD wastage, similar to the adult setting²⁷. On the other hand, some PADs were transfused only after BM HSC donation or were not even requested, implying that these units were probably not needed. In addition, some studies report that approximately 50% of PAD units intended for major surgery in pediatric patients were discarded, invoking alternatives to transfusion and more restrictive triggers²⁸⁻³⁰.

Furthermore, our study shows that only a minority of donors belonging to all categories (children and adolescents, non-trait and trait carriers) who did not undergo PAD were supported with iron therapy prior to BM harvest, and the largest number of donors who were supported with iron after BM donation belonged to the non-trait carrier pediatric setting. Current preparations for iron support are safe and offer the possibility of starting iron therapy easily before BM harvest. This would help optimize body iron stores and Hb levels prior to harvest. Iron therapy should continue also after donation to prevent anemia and to maintain adequate iron levels for growth. Notably, intravenous iron supplementation is only permitted in children of at least 6 years of age; from 6 to 14 years of age, only iron gluconate can be administered³¹. Nevertheless, iron supplementation (either intravenous or oral) has been used proportionally less in adolescents than in children prior to BM collection, as in some ways, they were considered similar to adults19 and the specific iron requirement of adolescents were not taken into account³². These results also underline that the prevention/correction of anemia in pediatric HSC BM donors is not given the importance it deserves, both for donor's health and to avoid homologous transfusions. This is all the more true considering that iron deficiency is prevalent across all pediatric age groups (iron requirement peaks in adolescence) and it is associated with adverse effects on psychomotor and cognitive development³³.

On the other hand, only a minority of pediatric and none of teenagers' Hb values of non-trait carrier donors who underwent PAD, were reported below the age limit: this data highlights that this practice was unnecessary, and the risk of over-transfusion is high. In fact, despite the growing number of published data supporting a restrictive transfusion strategy during surgery in pediatric patients, the practice of maintaining Hb levels higher than recommended is still common³⁴⁻³⁶.

Also, in the PAD cohort, the number of donors with lower-than-normal Hb levels increased, confirming what has been reported in the adult setting³⁷⁻³⁸.

In the non-trait carriers population, homologous transfusions were reported in 66% of pediatric donors and 15% of adolescents who did not undergo PAD. This finding is probably related to the disproportion in weight between donor and recipient in the pediatric population, which is less common in adolescents. However, half of the centers based their decision of transfusing the donor on the starting Hb values, and this attitude is partially incorrect because it emphasizes that the elective management of anemia could probably avoid unnecessary transfusion in a considerable proportion of donors. A study performed by the European Group for Blood and Marrow Transplantation Pediatric Diseases Working Party showed that the probability of blood transfusion after BM harvest was age related (donors aged 4 years or younger) and associated to a BM harvest volume exceeding 20 mL/kg³⁹.

Another study demonstrated a significant correlation between homologous transfusion and age at the time of harvest, (particularly in donors aged less than 5 years) and an extremely lower donor weight than the recipient⁴⁰. Furthermore, although homologous transfusions are necessary to treat anemia and improve oxygen delivery, pediatric patients are at higher risk for side effects⁴¹. Therefore, homologous transfusion should be limited to small donors with a large weight imbalance with the recipient because hypovolemia and anemia can occur more rapidly in small donors during BM collection.

Our study also highlighted that only 3 centers have a specific policy regarding transfusion in trait carrier donors with each center reporting a different one. This is possibly the consequence of the paucity of donors in this setting. However, a specific policy for these donors is also crucial given the increase in transplants in sickle cell anemia and thalassemia patients requiring a family donor with trait⁴².

The results about trait population show that no SCT donor and only 3 Thal-trait donors underwent PAD, probably due to the starting low Hb levels. Autologous blood storage in SC-trait may be a potential cause of sickling (15-20% of sickled cells) therefore PAD for auto-transfusion is not allowed and SCT subjects can donate BM HSC if Hb values are normal^{43,44}.

Moreover, only a minority of SCT donors were transfused, whereas almost all children and about 60% of adolescents with Thal-trait received a homologous transfusion. The high rate of homologous transfusion in the context of Thal-trait may be partly explained by the concern to maintain Hb levels similar to pre-explant, whereas the lower incidence in donors with SCT may be related to the difficulty of transfusing units with the same phenotype. Even in this context, no unambiguous criteria for transfusion emerged with a lack of PBM policy, as reported by other studies^{45,46}.

Taken together, the results of the present survey underline that PBM is lacking both in non-trait carrier and in trait donors. Hence, a multidisciplinary joint assessment with pre-operative involvement of pediatric anesthesiologists is critical to evaluate the risks/benefits and alternatives to blood transfusion to avoid unnecessary and inappropriate transfusions as well as over transfusion, also given the higher risk of transfusion reactions in children compared to adults⁴⁷. In this regard most centers interviewed gave willingness to develop a specific PBM policy in this setting. For each individual donor, their characteristics should be assessed, taking into account the starting Hb levels, the estimated volume to be collected depending on the donor's weight; the estimated Hb level at the end of the procedure, the speed with which hypovolemia and anemia sets in and how hypovolemia can be corrected managing acute normovolemic hemodilution by infusing crystalloids or colloids as needed48,49. Moreover, according to a correct PBM approach, anemic patients should be assessed for hematinics (those nutrients required for hematopoiesis) in order to diagnose and appropriately treat the cause of the anemia.

In addition, specific management of donors with SCT requires the maintenance of an adequate body temperature during harvest (avoiding cold) and good oxygenation to avoid sickling and eventual post-procedure pain control. Although PBM in the pediatric context is more complex than in adults due to variations in weight and blood volume and it is more difficult to draft guidelines, it has been demonstrated that high volumes of RBC transfusions may increase the risk of mortality and post-operative infections in children undergoing non cardiac surgery⁴¹. As reported in a recent review by Tan *et al.*, the decision to transfuse should be based on the patient's clinical status

and not on the Hb value, especially considering that pediatric patients tolerate anemia better than adults without incurring adverse events, as demonstrated by many studies in this field. Improving preoperative anemia will help to improve donor's health, minimize the risk associated with homologous transfusion and reduce the costs²⁴.

CONCLUSIONS

The present Italian survey on the use of PAD both in non-trait and trait carriers, either in children or adolescent donors before BM HSC harvest, highlights a very heterogeneous policy in the absence of recommendations in the field. Guidelines about PBM in BM HSC in pediatric and adolescent setting are urgently needed to prevent and treat anemia appropriately, and avoid the risk of unnecessary autologous and homologous blood transfusions, resulting in improved outcomes.

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AUTHORS' CONTRIBUTIONS

Conceptualization: CDF, FM, MZ, ULR, and SP. Supervision of the manuscript, VDA. All Authors have read and agreed to the published version of the manuscript.

The Authors declare no conflict of interest.

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